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# Focal Point

**Bitton Churches' Magazine** 

### August 2021

A monthly church newsletter serving Bitton, Swineford, Willsbridge, Upton Cheyney & Beach Published by St Mary's Church, Bitton and the United Reformed Church, Upton Cheyney. Printed by The Mitre Press, Unit 2 Fantasie Buildings, Waters Road, BS15 8BE

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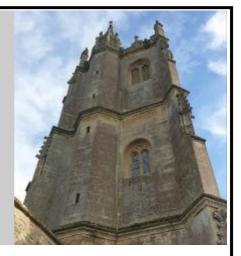
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Ordained minister: Rev Richard Humphrey Splinters, Kenilworth Drive Willsbridge 0117 949 0502

#### Lay ministers:

Ken Gibson, 8 Church Road, Bitton 0117 932 2122

David Bailey, Westover, Bath Road, Bitton 0117 932 8949

#### Churchwardens:

Pete Midgley 30 Kenilworth Drive, Willsbridge 0117 932 6898

Jacqui Harris 29 St Anne's Drive, Wick 0117 937 4706

## Services for AUGUST 2021

### Services at St Mary's

While we continue to take care about the number of people attending services, there is no longer any requirement to book beforehand.

10.30	Ninth Sunday after Trinity Parish Communion
10.30	Tenth Sunday after Trinity Morning Worship
10.30	Eleventh Sunday after Trinity Morning Worship
09.30	Twelfth Sunday after Trinity Family Café Church
	Thirteenth Sunday after Trinity NO SERVICE AT ST MARY'S Benefice Communion Service at St Ann's Syston Songs of Praise in the White Hart garden
	10.30 10.30 09.30 10.30

**NOTE;** Songs of Praise in the White Hart garden, originally planned for 25th July, had to be cancelled due to a forecast of heavy rain. The event has now been re programmed for Sunday 29th August. Further details on page 18.



#### Focal Point, August 2021



## UPTON CHEYNEY United Reformed Church

## **Services for August 2021**

Sunday services are at 3pm

Sunday 1st August Steve Britton

Sunday 8th August Michelle Bates

Sunday 15th August Jill Hireson

Sunday 22nd August Jenny Clarke

Sunday 29th August Neville Lintern

In addition, our coffee afternoon will be at 2pm on Tuesday 24th August

# **St Mary's Matters**

At last, we are beginning to feel a sense of release from restrictions due to the Covid pandemic. Sunday 25th July saw some major milestones at St Mary's. At 9.30am we were able to hold our first Family Café Church service since the beginning of 2020. Careful observers would notice some minor differences in presentation with those in the kitchen wearing masks and craft being delivered to tables rather than on one central table. Nevertheless, it was really lovely to welcome two families into church. Please spread the word that FCC is up and running again and we look forward to a great turnout on August 22nd.



**Pete Midgley** 

At this service we also witnessed the first singing in church since the start of the pandemic. For many people the lifting of this restriction will have a major impact on church life, with singing being such an important part of Christian worship. Many thanks to all the solo singers who have led worship over the last 18 months. I suspect your services will still be needed but with the congregation also joining in you will perhaps not feel so exposed.

We were also eagerly anticipating Songs of Praise in the White Hart garden in the afternoon of July 25th. This event was very successful in 2019 but could not take place in 2020. Unfortunately the uncertainty of the weather meant this had to be postponed. The new date is now confirmed as Sunday 29th August.

There are now no restrictions on numbers in church and this was taken advantage of on this same Sunday by the first couple to be married in St Mary's with a full church and a full band of bellringers. With this restriction being lifted, online services will now no longer be produced. Many thanks to Jeremy, Richard and others who have worked very hard producing these. With Wi-Fi now available in church we intend to look into the possibility of live-streaming services.

In short, St Mary's is back! You are welcome at all our services – and don't forget the fête on September 11th!



## St Mary's Family Café Church

# Fourth Sunday of the month at 9.30 am

An informal café style event with time to relax and listen to music from keyboard and flute. Café Church is designed for families with primary and pre-school children. A Bible story is followed by a craft session and refreshments are available throughout.



Join us on Sunday 22 August

# **Parochial Church Council**

St Mary's Parochial Church Council (PCC) met again on Zoom on 21 June, as Coronavirus restrictions did not allow for a live meeting. Restrictions had limited many activities, and the vicar and the PCC thanked those who had continued to provide support, particularly the musicians.

Following guidance from the Diocesan Advisory Committee, George Chedburn was formally appointed as the church architect. George has been undertaking work at St Mary's over the past few years and was responsible for drawing up the plans for development.

There was no Treasurer's Report as there had been no real change in the church's financial circumstances over the past few months. The church had been sustained by the continued giving of members of the congregation. A grant of £9,000 has been received from the Heritage Lottery Fund with the possibility of another £5,000 to come. These funds have to be spent within a limited time frame and are being used for smallish projects.

The PCC also heard a report from the Futures Committee about recent improvements. These included the installation of Wi-Fi, an upgrade to the sound system with new microphones and a projector. The church now has a card machine to accept noncash payments. A '*Give a Little*' page (like *Just Giving*) is now on the church website for donations.

The church had also received a recent Triennial Inspection by the archdeacon and the report has been received. There were no significant issues arising from this.

Information had also been received about the new Marriage Registration System, which is now digital, so a marriage certificate will no longer be issued. However, as Church Canon law requires a record to be kept a register will still be maintained for this purpose and will enable couples to have the traditional *signing of the register* photo opportunity. Banns continue to be read as before.

Dates for future PCC meetings were set for 27 September, 1 November, and 7 February. The Annual Parish Meeting will be held on 4 April next year.

Vicar's Letter

# The Principle of the Sabbath



### Dear Friends,

Lockdown during the Covid pandemic has been such a strange experience. As I write this from my study, in isolation because of being in contact with someone who tested positive for Covid -19, I remember the first lockdown and venturing out for essential supplies. The streets were empty, very little traffic, and I remember thinking it felt like it does on Christmas day or like a Sunday used to be when I was young. People were at home with time to reflect or spend with those they lived with and along with the anxious effect of this, came the positive experience of space and rest, set apart from the busyness of life. Without realising it, we recovered some of what the principle of Sabbath keeping is all about.

The sabbath keeping principle is of course rooted in a biblical principle. We look as Christians to God's character and actions throughout the bible as a blueprint of how we should conduct our own lives and we find at the beginning, in Genesis 2.1-3, there is the root cause of Sabbath keeping when God finished all his work by the end of the sixth day and on the seventh, he rested. Not only did he rest but he blessed the day and hallowed it. These three principles of sabbath keeping can continue to offer us a sustainable model for our lives: rest, blessing and hallowing of the seventh day of the week. Then further on in the book of Exodus (20.8) sabbath principles are enshrined in God's commands. God first sets

the example in Genesis and then commands it so in Exodus. Here are the same three principles, rest, blessing and hallowing, or making holy (in Exodus 20.11 the day is described as consecrated). For us Anglicans the Exodus commandments have found their way into Cranmer's prayer book, and we have cause, therefore, to recite them at the beginning of the communion service. I think Cranmer encourages us here to be mindful of the Christian way of life and to remind us of when and where we have fallen short, so that later in the service we can thoughtfully repent. The commandments are for our wellbeing rather than being some sort of oppressive rule. Again, the three sabbath principles apply but couched this time in Cranmer's more poetic language so that, "six days shalt thou labour and do all that thou hast to do; but the seventh day is the sabbath of the Lord thy God."

As we move into August, unlike any other year I can remember, and thinking more generally about rest and holidays, this might be a good time to reflect on the principle of sabbath keeping.

First, I want to say that consistency is important. It is every seven days for a reason and that is that resting, blessing, and hallowing every

seven days really has an impact on the other six. We approach six days with energy, interest, motivation, and care if we approach them from a holy, rested, and blessed place.

Second, this takes discipline and organisation. Six days are for work, commercial enterprise as well as household chores and projects. We need to commit ourselves to our work and to finishing what we need to finish in this space of time so that even food is already prepared and doesn't cause us to work on the seventh day.



Shutterstock

Third, rest from work is important and there are all different types of work and so stopping what we do for work and doing other things that bless us forms the second principle of the sabbath. The seventh day should be a blessing to us. This is what Jesus offers to us when he says, "the sabbath was made for man and not man for the sabbath". So, if you are most blessed by a day of gardening or reading or sharing a meal with others and you find it restful, then that is a good way to spend the sabbath as a rest from normal activity.

Finally, this is a holy day, a day of attention to God, a day for public worship together and private prayerful rest and activity. If we are active and blessed by our activities and in them our attention is on God, then we bring this to public worship and make holy the day that we spend.

We might think too about extending the sabbath principle into our everyday lives and in doing so apply sabbath principles all the time rather than just on one day of the week. Moments of prayer and worship, peace-making, time to build relationships activities that bless you and moments of rest can all be embraced and recognised as sabbath moments. Sabbath in this way pervades our every day and becomes blended and integrated as a life principle.

As we emerge from this pandemic and reflect on our learning through it, we can all say that we can and are open to living life differently, open that is to experiment and try different things. This is a chance for us to change and grasp new ways and thoughts and to recover the idea, principles, and practice of sabbath keeping. I believe it will make such a positive difference to us and the way we live.

Yours in Christ

Jeremy

## A history of a church in 10 Objects



If you enjoyed listening to Neil MacGregor's *History of the World in 100 Objects* on Radio 4, then a new initiative at St Mary's may be just for you. Following the recent installation of Wi-Fi to the church, a selected number of church treasures now have their stories described on 10 short audio and visual presentations. Each one is accessed through a QR code placed next to the item or (where it is too precious or delicate for display) near something relevant.

Among those objects being described are the tomb stone of Robert de Bitton, the Seymour Altar Cloth, and the Vinegar Bible, each one read by a member of the congregation or community. The recordings were professionally assembled and edited by Thomas Andrew (Jeremy's son, above) and pictures were added by Pete Midgley.

It is hoped to have the QR codes in place early in August and that they will prove attractive to visitors and those interested in the church. It is also intended to extend the number of items covered a little later in the year and volunteers are sought to research, write, or make a recording.

A History of the World in 100 Objects is currently being repeated on Radio 4, but is also available on BBC Sounds or as a podcast.



# LIVING IN LOVE & FAI<sup>†</sup>H



How do you feel about same sex marriage or people who wish to identify as neither male nor female?

Questions of identity, sexuality, relationships, and marriage affect everyone, both inside and outside the church and the Church of England has recently launched its own initiative to help parishes to address such issues sensitively. As Christians, we have good news to share; we are all made in God's image and equally loved by God. But we also have different views and experiences about these things. Questions of faith, identity, gender, and sexuality are felt very deeply and can be difficult to talk about. They are also becoming politicised, often creating more and unnecessary division.

Commissioned and led by the Bishops of the Church of England, *Living in Love and Faith* (LLF) is about encouraging the whole church to think more deeply about identity, sexuality, relationships, and marriage in the bigger context of being human. It is an invitation to people, whatever their background and experience, to think more deeply about what it means to be human and to live in love and faith together, with the object of understanding different perspectives and each other better. They hope it will change the way people relate to, understand, and love each other in the church, even when we disagree.

The initiative formed a large part of the recent Deanery Synod, held on Zoom during July and over the next few months it is intended to extend the discussion to a much wider audience within each congregation. There is no compulsion to join, but those participating will be asked to a commit to a five-week or five-session course designed to help people to listen and learn together and led by trained facilitators.

#### Focal Point, August 2021

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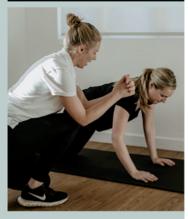
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## Gloucestershire Historic Churches Trust

At S t. Mary's we have welcomed visitors from around the world who have come to explore our beautiful church and we hope to be a place of pilgrimage once again. One of the organisations who support the historic churches is the Historic Churches Trust, who have helped us in the past.

Every year in September HTC have a sponsored Ride and Stride when participants travel from church to church (cake is often involved) to raise money. This is taking place on the 11<sup>th</sup> September when we have the Fête, when we hope to welcome Riders and Striders, but we would still like to raise money for this important charity who have helped us in the past. Could you help by contributing to this cause who have helped preserve the old churches we all enjoy visiting?

This year's Ride & Stride is particularly noteworthy as it marks the 40th Anniversary of the foundation of the trust itself and is aiming to raise an extra £1000 for every year of its existence.

Contact Barbara Merritt Tel 9323926 or Jacqui Harris.



#### Focal Point, August 2021



The house-to-house collection raised £1,758.95 and the online donation page raised a further £200 making a grand total for 2021 of £1958.95.

Very many thanks to the hard-working collectors and very many thanks to everyone who put money in their envelopes. Thanks too to those who were out when the envelopes were collected but who took the trouble to deliver their gift to the collector or to me. Finally thank you to those who completed the gift aid slip of the envelopes.

If you meant to give but have not yet go round to doing so IT'S NOT TOO LATE! Give to the Bitton Christian Aid donation page <u>https://giving.tapsimple.org/online/christian-aid/st-mary-s-bitton-christian-aid</u> or use the QR link below.

Thank you! Nicola Bennetts



# Bitton Open Gardens makes a welcome return



**Never mind a spot of rain**—actually, there wasn't much and visitors got a feast of lovely gardens. Above, Gabriel Frankcom welcomes visitors to the garden she tends with husband Geoff. *More pictures overleaf.* 

While pandemic restrictions were still in place on Sunday 4<sup>th</sup> July, it was still possible to hold the annual Open Gardens event, put on by the BVRA. Nine beautiful and very varied gardens were on display this year, with teas and a plant sale being held in the garden of Church Farm, the home of Bridget and Martin Hetzel.

The pandemic had meant that last year's event had to be held on-line only so it was perhaps appropriate that the weather was that of a typical English summer's day of sunshine and showers for a return to normality.

### Focal Point, August 2021



**Bitton Open Gardens 2021**— *(Clockwise from bottom left)* David Bailey in his garden at Westover; steps to the lawn at Jan and Graham Hillier's garden in Church Farm Paddock; Nick Watson in front of his extensive range of vegetables; the queue for teas at Church Farm.



ROYAL BRITISH LEGION

Royal British Legion Bitton and Oldland Branch

Harvest Auction Monday 6 September at 8.00 pm at The Upton Inn Upton Cheyney

by kind invitation of Theresa and Chris Meaker

Auctioneer David Hawking and featuring Oldland Brass

Have a wonderful night!

Proceeds in aid of the Royal British Legion

Auction purchases payable by cheque or cash please

## Church Fête on 11 September to be opened by Joe Simms



There is now even more reason to visit Bitton's renowned Church Fête, this year as it is to be opened by Broadchurch actor, Joe Simms. Joe, who reportedly started acting while attending Sir Bernard Lovell School, will be opening the fête on 11 September this year. After a year's absence, it will be one to remember. The fête will, of course, include a dog show and many of its regular favourites will be there including Morris Dancers, the Companions of the Longbow and a special Punch and Judy for younger fête goers.

As always some of the most popular stalls are those selling books, clothes, and a wide selection of other goods (The White Elephant). Donations to these and other stalls are greatly appreciated, and a list of contacts is below.

## CAN YOU HELP AT THE FÊTE?

There are so many ways you can assist both before after and during the fête – even for just an hour or so. There's the heavy gang to set up the tents on the Friday and dismantle after the fête closes Programme sellers and stall helpers are also wanted.

If you are able to spare some of your time please contact Helen Pugsley 07767 777019.

### Focal Point, August 2021

Books	Sarah Heavens	0117 932 5376	
White Elephant	Nicola Bennetts	0117 932 4696	
Nearly Nu (clothes)	Annette Vowles	0117 932 6352	
Tombola	Alison Wride	0117 932 4931	
	A wide range of items would be welcome for the tombola, including toiletries, games, children's toys, soft toys, sweets, chocolates, household items or gardening.		
Bottles	Sarah Craddock	0117 932 8644	
Cakes & Jams	Janet Ballinger	0117 932 4728	
	Janet would be particularly grateful for donations of empty small jam jars.		

Items can be left in the church porch when the church is open, but please don't leave them outside the church door when locked.

### For this year's photographic competition - see next page

## Fortnum & Mason Hamper is Raffle Prize

This year's raffle is now underway with a first prize of *The Fortnum's Hamper* full of sumptuous delights. The prize has been generously donated by

## Fine & Country, Bath



Many other prizes will be awarded to the lucky winners. The raffle will, as usual, be drawn during the St Mary's Fête on 11 September.

Tickets, priced at £1 are available from Barbara Merritt.

## St. Mary's Church Fete 2021 Photography Competition

Photographs must be printed and be a maximum size of 20cm x 20cm, it must be your own work and have been taken within the last two years

There are six categories (see below) and two sections, one for adults (entry fee of £1 per picture) and one for juniors under 16 (entry fee of 50p per picture) Colour or black and white photographs accepted



- 1. Bitton Scenes
- 2. Nature
- 3. Life adjusting to Covid-19
- 4. Hobbies
- 5. The colour Red
- 6. Food and Drink

Entries must be supplied in a sealed envelope together with the entry fee, your name, contact number, date the photo was taken, adult or junior entry and category

Entries must be supplied directly to Martin House, Church Road, Bitton by 6:30 pm on Friday August 27<sup>th</sup> at the latest

All entries and winners will be displayed at the St Mary's Bitton Fete





The Bishop of Bristol, the Rt Revd Vivienne Faull, has been appointed by archbishops as one of two new lead bishops for church and cathedral buildings. She will take over the role along with Bishop of Ramsbury, Andrew Rumsey.

The Church of England has around 16,000 church buildings and 42 cathedrals of which more than 12,500 are listed. The lead bishops support those who care for these buildings by speaking on relevant national issues and engaging in dialogue with Government and partner organisations.

Bishop Viv said she was "delighted to be given this formal role in leading the Church of England's thinking and planning as we continue to develop these glorious assets and support the outstanding work of the local communities who pay for them and pray in them. The experience of the last 18 months includes our buildings being closed, being used to feed and support the most vulnerable in our communities, and becoming more environmentally sustainable as well as monuments and artefacts being noticed and debated."

# Consultation on works to A4174 Ring Road

South Gloucestershire Council is currently consulting on improvements to the A4174 ring road mainly affecting the flow of roundabouts – all of which have delightful sounding names that you were probably not previously aware of. Closest to Bitton is the Kingsfield Roundabout - that is the one next to ASDA and the Aspects Leisure Centre (who'd have guessed) – that it is intended to covert to a throughabout, with a signal controlled road through the centre of the existing roundabout, with additional lanes to the approaches. Similar changes are proposed for other roundabouts on the road.

The proposal is intended to improve the impact on the environment by improving cycle and walking facilities and diverting traffic away from residential areas.

The scheme aims to improve the capacity of some junctions along the A4174 Ring Road and is estimated to cost £30 million. Construction is subject to funding from the Department for Transport. Some of the vegetation and trees on the existing roundabouts and approaches to the junctions will need to be removed but new vegetation and trees will be planted in other areas, such as along the ring road, to compensate for this loss.

The council would like to hear your views on the scheme. More information is available through the A4174 virtual event space.

There is also a short online questionnaire at:

#### southglos.researchfeedback.net/A4174Improvements.

Consultation closes on Monday 16 August 2021

### Focal Point, August 2021



Detail from South Gloucestershire's Virtual Event, which is accessible on-line. This is a picture of the Kingsfield Roundabout when transformed into a throughabout In Longwell Green. A road would be built through the existing centre of the roundabout and the approach roads would be widened. Traffic will also be signal controlled. To orientate yourself, on this picture Aspects Leisure Centre is top left, ASDA top right and the Gallagher Retail Park bottom right.



# **News from Bitton WI**

At last, after 17 months, we were able to hold a WI meeting; even if it was outdoors. On June 25th we made our way to Lower Cully Hall Farm, the home of Florence, a long standing WI member. Socially distanced chairs formed a large circle, with a table to the side upon which were delicious cakes and scones with jam and cream (it was a day to forget the diet) as the committee members distributed the drinks we all tucked into the cakes.

As you can imagine, we did not stop talking, and it was so nice just to relax and enjoy one another's company again, after such a long time. Florence has a beautiful garden, and when we could not eat anymore, we enjoyed a stroll around the garden.

Before we set off for home we voted on the issue of changing the time of our monthly meeting from evening to afternoon. The majority voted to change the time of the meetings to 2pm, so an important date for your diaries is September 13th at 2pm, at St Mary's Church Hall, when we will be holding our first meeting of 2021.

During the meeting everyone will be able to buy tickets for the Kings Chase group tea party, which Bitton is hosting on September 24th at the Community and Youth Building at the rear of Redfield Edge School, beginning at 2.30. We are lucky enough to have Sally Taylor who will entertain us with a flower arranging demonstration, so I am sure we will all enjoy a very entertaining afternoon.

This months recipe is Chocolate Cake, which is ideal to make for the WI cake stall at St Mary's Fête on September 11th. We will be grateful

to receive any cakes for the stall, which can be given to any committee member or brought to the stall before the fête opens.

I have to thank Sheila for this recipe, and I hope someone will make it to go on our cake stall. I hope



to see many of you at the fête, and at our meeting on September 13th at 2pm, until then please keep safe.

Lyn Coles

## **Chocolate Cake**

Pre heat oven Gas Mark 5 - Electric 180/350

#### Ingredients

U	
1oz.	cocoa or drinking chocolate
2 tbsps.	hot water
4oz.	soft margarine
4oz.	caster sugar
2.	eggs
4oz.	self raising flour
1.	level tsp baking powder

#### Method

Grease and line base of two sandwich tins. Dissolve chocolate in hot water and allow to cool. Mix together all the ingredients. Pour the mixture into tins and bake for approximately 20 minutes. Allow to cool on a cooling rack. Spread one cake with butter cream and place the other on the top.

#### For the icing

1&1/2oz.	melted margarine
2tblsp.	milk
1oz.	cocoa or drinking chocolate
5oz.	icing sugar

Mix all ingredients together and spread over cake.



### Focal Point, August 2021







# July's Quiz Answers

Last month's quiz asked you to identify famous books from synonyms.

#### The correct answers are:

(1) A Tale of Two Cities; (2) Woman in Black / Black Beauty; (3) An Inspector Calls; (4) Pride and Prejudice; (5) The Road to Wigan Pier; (6) Hard Times; (7) Great Expectations; (8) Much Ado About Nothing; (9) To Kill a Mocking Bird; (10) Bleak House; (11) The Old Curiosity Shop; (12) Nineteen Eighty Four; (13) Animal Farm; (14) A Christmas Carol; (15) Blood Brothers; (16) Of Mice and Men; (17) Merchant of Venice; (18) Lord of the Flies; (19) Our Mutual Friend; (20) Oliver Twist.

#### Correct answers were received from:

Jan & Diane; Anne Carrington; Wakefield Family; Terry Matthews; Jon & Pam; Heyes; Pearl & Debbie Evans; Alan & Sue; The Tilleys; Mary Younie; Pam & Jon Booth.

#### This month's winner is:

Anne Carrington.

## **The August Quiz**

This month quiz is all about the Tokyo Olympics, example There are 6 Members of a V\* team; answer Volleyball, this is the number of a team in play at a time, but does not include substitutes / reserves

No.	Clue	No. of letters
1.	There are 33 S* in the 2020 Olympics	6
2.	There are 206 C * competing	9
3.	S* is one of the Olympic debut sports	13
4.	There are 7 Members of a R* team	5
5.	10 km is the longest S* event	8
6.	The Olympic mascot is called M*	9
7.	The A* target is 70 meters away	7
8.	R* has 7 different events each for men & women, but they	6
9.	The sport of B * has 13 events; 8 for men and 5 for womer	n 6
10.	200m is the length of the shortest C* event	8
11.	There are 6 E * events; 3 Individual and 3 Team	10
12.	There are 7 Members of a N* team	7
13.	There are 48 events in the sport A*	9
14.	A game of W* P* is played in 4 quarters each lasting 8	5,4
15.	In F* each team may only have 3 players over the age of 23	8
16.	G * is played over 4 days with a total of 72 holes	4
17.	There are 42 V* for the Tokyo Olympics	6
18.	The sport of $G^*$ includes Ring events for men, and Beam	10
19.	In a game of $H^*$ the goal area is 6m from the goal and only	8
20.	Events for S* include Skiff for men and FX Skiff for women	7

Name:

Contact:

Please send your answers to Carolyn Russell at Martin House, Church Road, Bitton (the yellow house) or email mrscrussell@icloud.com by 15 August



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# The last word

## Steady progress



I am not someone who regularly tunes in to the government's

5pm briefings—you know the ones that are delivered from a lectern to an empty room, but the briefings have made something of a star out of the Deputy Chief Medical Officer, Professor Jonathan Van Tam or JVT as he seems known to all. JVT has a great turn of phrase and his latest warning as restrictions loosen is *"don't tear the pants out of it!"* 

One body that is heeding his warnings is the church, where a steady but slow progress is being made to return things to normal. We have services again and it is no longer necessary to book. We are also able to start singing again. Little by little, restrictions are lifting, and we can look forward to events such a the church fête, or harvest auction in September. But we still need to be cautious. The end is not here yet and we know that in many parts of the world, vaccines have not yet had a significant impact. We still have some way to go. *Jim Heavens* 





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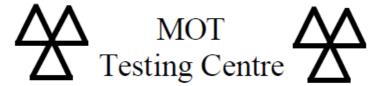




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